



Invitation

The CREATE[®] Team Cup 2019

3th International Tournament Artistic Gymnastics Opmeer

Saturday & Sunday 2nd and 3rd of February 2019

The gymnastic association TopTurnen Opmeer has the pleasure to invite your team to participate in the 3rd International Competition for youngsters, youth, junior & senior.

Date & Schedule	
	<p><u>February 1st or 2nd, 2019</u> Arrival of delegations</p> <p><u>February 1st, 2019</u> Accommodation training for all participating gymnasts 09.00 – 12.00 : Scheduled training 1 12.30 – 13.00 : Lunch 14.00 – 16.00 : Visit Dutch tourist attraction</p> <p><u>February 2nd, 2019</u> Competition 2 & 3, all-around 09.00 – 09.15 : General warming-up 09.15 – 10.15 : Apparatus warming-up 10.15 – 12.15 : Team competition 12.30 – 13.00 : Lunch</p> <p>Competition 1, all-around 13.00 – 13.15 : General warming-up 13.15 – 14.15 : Apparatus warming-up 14.15 – 16.15 : Team competition</p> <p><u>February 3rd, 2019</u> Opmeercup, teamcup & all-around 9.00 – 13.00: competition for little gymnasts</p> <p>Competition: finals vault, bars, beam and floor 13.00 – 13.15: General warming-up 13.15 – 14.15: apparatus warming-up 14.15 – 16.15: finals</p> <p>Departure of delegations</p>



Venue	Turnhal TopTurnen Opmeer, De Weijver 8, 1718 MS Hoogwoud
Organizing Committee	TopTurnen Opmeer Website: www.topturnenopmeer.nl Event manager: Monique Zwarthoed +31611913205
Registration	To be sent to: Monique Zwarthoed Mail: monique@topturnenopmeer.nl
Deadline	Pre -registration before November 1 st , 2018 Definitive registration: December 1 st , 2018 Maximum number of gymnasts are 32 or 8 teams for one competition.
Fees	Entry fees € 25, - per gymnast International transportation and accommodation covered by each delegation.
Insurance	Insurance catering illness, accident, third party liability (and other aspects not specifically mentioned) for each gymnast and each member of each delegation is a condition of participation. The organizer does not accept any responsibility what's ever.
Payment	IBAN: NL19RABO 0350703310 BIC: RABONL2U Beneficiary: Kracht & Vriendschap Opmeer; De Weijver 8; 1718 MS Hoogwoud Reference: name of delegation; 3th International Tournament Opmeer 2019; registration fees
Apparatus	Jansen & Fritsen; new olympic floor. There will be one set of apparatus available for competition. The competition is in our training hall.
Category TeamCup	Competiton 1: Age group mixed youth (2006), junior (2005-2004), senior (2003 and older) Competition 2: Age group youngsters 2008-2007 Competition 3: Age group youngsters 2010-2009
Competition rules	FIG new code 2016-2020 Team: 4-3-2 (4 gymnasts in the team, 3 gymnasts compete. 2 scores count) Regulations competition 1, 2 and 3, see attachments
Judge	The assistance of a judge per team is compulsory. Penalty per missing judge: € 100,-
Medals & Rewards	Souvenir and participation's certificate for all gymnasts. Cups for the best 3 teams. Medals for the best 3 individuals. Medals fort the best 3 on vault, bars, beam and floor
Accomodation	Van der Valk Hoorn; www.hotelhoorn.com We could arrange the overnight stay and local transportation. If you want to use this offer, let us know: monique@topturnenopmeer.nl